



Community Resource List

DB101

Description: Online resource for states with comprehensive disability support services.

Contact: www.db101.org

Housing Benefits

Description: A tool to explore housing options in Minnesota.

Contact: <https://mn.hb101.org/>

Disability Hub MN

Description: Free statewide resource network that helps solve problems, navigate the system and plan for your future.

Contact: <https://disabilityhubmn.org/>

Social Security

Description: The Social Security and Supplemental Security Income disability programs are the largest of several Federal programs that provide assistance to people with disabilities.

Contact: <http://www.ssa.gov/disability/>

MNSure / MA (Medical Assistance Insurance)

Description: Information regarding eligibility requirements and applications for low-cost or no-cost health insurance, either through Medical Assistance or MinnesotaCare.

Contact: <https://www.mnsure.org/individual-family/ma-mncare-2/>

Adult Mental Health Services

Description: List of adult mental health crisis response phone numbers

Contact: <https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/adult-mental-health/resources/crisis-contacts.jsp>

Emergency Mobile Crisis Team: 1-612-596-1223 (Adults 18 and Over) or 612-348-2233 (Child)

Fraser

Description: Provider of autism and early childhood mental health services. Fraser serves children and adults through healthcare, housing, education and employment.

Contact: <https://www.fraser.org/>

Autism Society of Minnesota

Description: Autism Society of Minnesota (AuSM) is a non-profit organization committed to education, advocacy and support designed to enhance the lives of those affected by autism from birth through retirement

Contact: <https://www.ausm.org/>

Learning Disabilities Association of Minnesota

Description: LDA Minnesota strives to ensure children, adults, families, and communities impacted by specific learning disabilities, attention deficits, and/or learning differences are equitably supported and empowered through assessment, intervention, education, advocacy, and outreach.

Contact: <https://www.ldaminnesota.org/>



Minnesota Autism Center

Description: The Minnesota Autism Center (MAC) provides therapeutic support for children, adolescents, adults and families affected by Autism Spectrum Disorders, or ASD.

Contact: <https://www.mnautism.org/>

The Arc

Description: Information regarding advocacy for all people with I/DD and their families, supports and services available, policy issues affecting people with disabilities, and other resources.

Contact: <https://www.thearc.org/>

Pacer

Description: The Simon Technology Center through Pacer provides a variety of services to help individuals, families and professionals including technology consultations, lending library, individualized training sessions, In-services and workshops, and Simon Center Technology videos.

Contact: <http://www.pacer.org/stc/>

Courage Kenny Rehabilitation Institute

Description: Resource for assistive technology assessment and training, assistive technology consultation and training, augmentative and alternative communication and home environmental controls display.

Contact: <https://www.allinahealth.org/Courage-Kenny-Rehabilitation-Institute/Programs-and-services/Assistive-technology/?LangType=1033>

Autism Speaks: Autism Apps

Description: List of Autism Apps with a table of category, platform, age and supporting research.

Contact: <https://www.autismspeaks.org/autism-apps>

Autism Speaks: Visual Tools

Description: The Visual Supports and Autism Spectrum Disorder tool kit provides a step-by-step, easy-to-understand introduction to visual supports and the ways that parents and other caregivers can begin using them.

Contact: <https://www.autismspeaks.org/family-services/resource-library/visual-tools>

Special Olympics

Description: Website for the largest sports organization for people with intellectual disabilities

Contact: <http://www.specialolympics.org/>