



### **COVID-19 Packing List**

This list is intended to supplement the College Packing List previously provided to all College participants. Included are key tools and personal supplies to support symptom monitoring and heightened health/hygiene requirements.

- 2-3 reusable face masks or 2-3 packs of disposable face masks
- Hand sanitizer
- Disinfectant wipes
- Over-the-counter medications for symptom management
  - Cough medicine
  - Pain relievers
  - Fever reducers
  - Decongestants
  - Etc
- Laptop, for distance learning if participants needs to be temporarily quarantined
- Personal temperature thermometer
- Gloves, as desired
- Water bottle or other preferred hydrating beverage
- Personal fidgets, to minimize shared fidgets on campus